

Handling of the Pain through Bi-Digital O-Ring Test (BDORT): A Contribution

IWASA, Sumie, MD, Orthopedist, F.I.C.A.E., Cert. ORT-MD (2 Dan), Director of the Brazilian Medical Association of the Bi-Digital O-Ring Test

JOJIMA, Takashi, MD, Acupuncturist, F.I.C.A.E., Cert. ORT-MD (2 Dan), Director of the Brazilian Medical Association of Acupuncture, Vice-President of the Brazilian Medical Association of the Bi-Digital O-Ring Test

UNO, Lucy Harasawa, MD, Gynecologist, Acupuncturist, Member of the Brazilian Medical Association of the Bi-Digital O-Ring Test

YOSHIDA, Yukiko, MD, Ophthalmologist, Acupuncturist, Member of the Brazilian Medical Association of the Bi-Digital O-Ring Test

SUKO, Emy Viviane, MD, Radiologist, Member of the Brazilian Medical Association of the Bi-Digital O-Ring Test

ROSENBERG, Manuela, M.D., Acupuncturist, Member of the Brazilian Medical Association of the Bi-Digital O-Ring Test

ABSTRACT:

Objective: This presentation aims to find the location of points for the relief of painful symptoms and the results obtained by the stimulation of these points.

Materials and Methods: 1.General Considerations: A) Acupuncture (cranial puncture) and infiltration are techniques which are commonly used to treat pain in our daily routines. We have been frequently using acupuncture (cranial puncture) and infiltration techniques to treat pain. The cranial puncture mechanism of action is via central nervous system and has the advantage of making the needling far from the painful points.B) The investigation of the painful points with Reference Control Substances, enabled us to identify defined points, where these substances were present in higher concentrations. These points coincide with many acupunctural points such as the Trigger Points which were described in Myofascial Pain studies. C) We noticed that the Human Stomach Histological Slide produces resonance phenomenon in all points where a high concentration of Substance P or Thromboxane BII is present – joined by alterations the concentration of neurotransmitters. In patients in pain conditions, it is possible to draw several points in the cranium and in the entire body, near or far from the painful points. The needling or the infiltration of these points with a minimum amount of 2% Lidocaine, promotes an important relief of the symptoms in the painful points, with the reduction or normalization of the altered parameters. D) Also with the Human Stomach Histological Slide, we identified some points along the trunk and in the extremities, which play an important supporting role in the relief of the distal pain. The S36 acupuncture point is a major point for the relief of the distal pain of lower limbs. The S36 acupuncture point is an important point to treat chronic pain conditions in general, once it promotes, when stimulated, a substantial reduction of the altered parameters, such as the increase of neurotransmitters, the decrease of Thromboxane BII, and the Substance P. E) We used stripes of adhesive tape in the painful point, which are placed on the skin of the affected area in the direction that the O-Ring strengthens (if we place it in the opposite direction, the O-Ring weakens, and the pain increases). That is, we find the cutaneous vector which strengthens the O-Ring, and then the adhesive tapes are placed in the entire area where the abnormal electrical field is presents. F) The diode cable, used in an acupuncture technique of ionic pumping, was used to detect cranial points from the painful points. Therefore, it was possible to “check” the points

which were identified with the Histological Slide of the Human Stomach in the cranium and define which points are important for the treatment. 2. Fifteen patients reporting chronic pain conditions such as phantom pain due to multiple amputation, frozen painful shoulder, fibromialgia, arthrosis of multiple joints, infection in hip prosthesis, Herpes Zoster, Coccygodynia, knee arthrosis. The following items were used: Reference Control Substances; Human Stomach Histological Slide and Human Kidney Histological Slide, diode cable, 2% Lidocaine anaesthetic, 4,5X15mm needle and 1 ml syringe; acupuncture needles, auricular therapy micro needles, and adhesive tape. The Visual Analogical Scale (VAS) was used to evaluate the intensity of the pain.

Treatment: Nowadays, the first choice drug treatment is the intake of 1000mg of Omega-3 (180mg EPA; 120mg DHA); extract of *Coriandrum Sativum*; 20% Glycolic Bee Propolis, Homeopathic *Arnica Montana*; and, when it was necessary, 300mg of extract of *Hipericum Perforatum**, supplementation with Choline, 5- OH-Tryptophan, Phenylalanine, Taurine, B3 Vit, B6 Vit, Folic Acid. The adoption of the Drug Uptake Enhancement Method was also suggested. The micro needles that are used on auricular therapy were fixed in E36 acupuncture point, identified with the Histological Slide of the Human Stomach. Depression is associated to the maintenance of painful conditions in a high number of patients; therefore, in this presentation, depressive symptoms have also been observed and treated. **Results:** 6 patients reported they are not feeling any pain; 9 patients reported a great relief of the pain in general. None of them reported indifferent results or feeling a stronger pain.

(Correspondence: TEL: +55(11) 5081-5312, e-mail: sumie.iwasa@terra.com.br)